Think Tank & Thought Partners

BIG IDEAS

Different perspectives create brighter possibilities!

A Think Tank is a space to brainstorm, explore ideas, and look at situations from different perspectives.
Thought Partners are the people who support you by listening, asking questions, sharing ideas, and helping you think it through — without taking over, judging, or making the decision for you.

1. WHAT DO YOU WANT TO THINK ABOUT?

What is the question, goal, decision, or situation you want to explore?

_____

_____

_____

2. WHO ARE YOUR THOUGHT PARTNERS?

Who are the people you want in your Think Tank?
(This could include friends, family, supports, professionals, or others.)

_____

_____

_____

Choose people who are supportive, open-minded, and bring different perspectives.

3. WHAT KIND OF SUPPORT DO YOU WANT?

What do you need from your thought partners?
(Check or add what fits)

- ☐ Listen and understand
- ☐ Ask questions
- ☐ Share different perspectives
- ☐ Help me explore options
- ☐ Challenge my thinking (in a respectful way)
- ☐ Help me problem-solve
- ☐ Support me in making a decision
- ☐ Other: _____

4. GROUND RULES

How do you want the Think Tank to work?
(Examples: be respectful, one person talks at a time, no judging, all ideas are welcome)

_____

_____

_____

_____

CREATE A SAFE SPACE FOR OPEN, HONEST, AND CREATIVE THINKING.

5. DIFFERENT PERSPECTIVES

What are some different angles or perspectives to consider? Who might see this differently?

- _____
- _____
- _____
- _____
- _____

6. BRAINSTORM IDEAS

Write down as many ideas, possibilities, or options as you can — no idea is too big, small, or "out there" at this stage!

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

MORE IDEAS LEAD TO MORE POSSIBILITIES!

7. WHAT STANDS OUT?

Which ideas feel most interesting, doable, or aligned with your goals and values?

1. _____
2. _____
3. _____
4. _____
5. _____

8. NEXT STEPS

What do you want to do with what you've discussed? What are the next steps? Who will do what? By when?

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

SMALL STEPS CREATE BIG CHANGE!

9. CHECK-IN

How do you feel after this Think Tank? What was helpful? What do you want to keep exploring?

_____

_____

_____

GOOD IDEAS GROW WHEN WE THINK TOGETHER!